



Care of your Temporary Crown

Please take note of the following precautions and your temporary crown will service you just the right length of time.

- When flossing, release one end of the floss and pull the loose end through the contact. DO NOT pull up through the contact with the floss.
- DO NOT chew sticky foods – i.e., candy, breads, and/or cheese.
- AVOID chewing gum. It will stick to the temporary crown and will pull it off.
- AVOID extreme hot or cold foods and liquids.

If your temporary crown comes off it needs to be re-cemented as soon as possible. It is important to the fit of the permanent crown that it be resealed. This is not considered to be a dental emergency, however. Using equal parts of the temporary cement that was given to you or Vaseline, place just a dab of the temporary cement at the center of the interior of your temporary crown and place it back on the tooth until you can come back to our office. If it is not re-cemented quickly, your tooth may shift and your permanent crown may not fit.

It is normal to have some sensitivity of the gum tissue as well as the tooth after your appointment. Warm salt water rinses can help to irrigate and soothe the gum tissue.

Be sure to brush thoroughly, using a manual toothbrush. We want your gums to be healthy (not bleeding) so that we can do a nice job seating the final crown.

Thank you,

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