



TMJ PROGRESS HEALTH QUESTIONNAIRE

PATIENT'S NAME _____ DATE _____

How long have you been in treatment? _____

Have you been in any accidents since treatment started? Y N

Please explain: _____

- | | | | |
|--|---|---|---------------------|
| Do you still get headaches? | Y | N | Sometimes |
| Where do you get your headaches? _____ | | | |
| How often do your headaches occur? _____ | | | |
| Do you get migraine headaches? | Y | N | Sometimes |
| Do you still clench your teeth? | Y | N | night / day / both |
| Are your jaws tired when you awaken? | Y | N | Sometimes |
| Do you still grind your teeth? | Y | N | Sometimes |
| Have your teeth been sore upon awakening? | Y | N | Sometimes |
| Do you still have jaw pain? | Y | N | right / left / both |
| Do you have ear pain? | Y | N | right / left / both |
| Does your jaw ache when you open wide? | Y | N | right / left / both |
| Do you feel or hear a 'clicking', 'popping' or 'cracking' noise from either jaw joint? | Y | N | right / left / both |
| Do you have difficulty opening wide? | Y | N | Sometimes |
| Do you still get pain in either jaw joint? | Y | N | right / left / both |
| Do you still take medication for relief of pain? | Y | N | Sometimes |
| What medication are you taking? _____ | | | |
| How frequently do you take medication? | Y | N | Sometimes |
| Do you get neck aches or sore neck muscles? | Y | N | |
| Do you see a chiropractor for treatment? | Y | N | Sometimes |
| Please explain: _____ | | | |
| Are there any foods you avoid eating? | Y | N | Sometimes |
| Do you get dizzy spells? | Y | N | Sometimes |
| Do you feel faint? | Y | N | Sometimes |
| Do you still have any ear symptoms? | Y | N | Sometimes |

Please explain: _____

DO YOU FEEL READY FOR THE NEXT PHASE OF TREATMENT? Y N